



New Jersey Children's Alliance
7th Annual Heroes for Children
Virtual 5K Run, Walk or Ride
October 24th-31st

Run, walk, or bike from anywhere – alone or with your friends, family, neighbors, community group or running club. Do it all in one day, or spread it out over the week.

*T-shirts,
social media contest,
and giveaways!*



*For sponsorship
information, please
contact
nydia@njcainc.org*

Funds from registration fees and sponsorship of the Heroes for Children Virtual 5K are greatly needed as CACs work to safely and effectively provide services during the pandemic, and we continue to provide education and resources to community members to help prevent, recognize and report child abuse.



Register Now: NJCA5K.com

