



Come Gather
at
One Table



The goal of One Table, a partnership between the Warren County Faith-based Community, the Warren County Prosecutor's Office and the Coalition for Healthy and Safe Communities, is to provide information and useful links to the community on the current drug trends in Warren County

“Talk Early, Talk Often”

Parents Can Make a Difference in Teen Alcohol Use

Kids who have conversations with their parents and learn a lot about the dangers of alcohol and drug use are 50% less likely to use alcohol and drugs than those who don't have such conversations.

[http://www.drugfreej.org/assets/control/content/files/Child%20break trifold 2015.pdf](http://www.drugfreej.org/assets/control/content/files/Child%20break%20trifold%202015.pdf)

Grandparents Play an Important Role in Preventing their Grandchildren from Drinking and Using Drugs

Children have a very special relationship with Grandma and Grandpa. That's why grandparents can be such powerful allies in helping keep a kid off drugs.

http://www.drugfree.org/wpcontent/uploads/2014/03/grandparents_guide.pdf

Warning signs

Signs that your child may be experimenting with drugs or alcohol....

Behavioral

- Risky behavior
- Slipping grades, lateness, skipping class
- Fights with family/friends
- Change in friends
- Change in mood, eating or sleeping patterns
- Depressed/less motivation
- Missing money/valuables
- Trouble with the law
- Increased candle, incense, or air freshener use
- Secretive, deceptive, or manipulative behavior

Physical

- Neglecting appearance or hygiene
- Sudden change in weight
- Slurred speech
- Skin abrasions
- Chemical smell on breath or clothing
- Glassy or red eyes
- Drug paraphernalia

APRIL IS ALCOHOL AWARENESS MONTH – RESOURCES

NCADD: www.ncadd.org AA: www.aa.org Al-Anon: www.al-anon.alateen.org

NIAAA: www.niaaa.nih.gov College Drinking: www.collegedrinkingprevention.gov

Stop Underage Drinking: www.stopalcoholabuse.gov

TREATMENT RESOURCES - <https://njsams.rutgers.edu/dastxdirectory/bxdirmain.htm>
PREVENTION EDUCATION - www.preventionconnectionsny.org